

Newsletter #02/2014 March - April

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The aim of the AgeingWell project is to build and animate a European Network focused on improving the quality of life of Older Persons by promoting the market uptake of ICT solutions for Ageing well.





OneSafe is based on the regular use of a small device that generate alarms over the Optimus mobile network.

This solution allows monitoring for fire departments, nursing homes, clinics, other health professionals or family members of persons in need of monitoring.

INFOGRAPHIC mHealth, what is it?

explains in detail what mHealth does and how it improves the life of patients in the EU!

Ageing Well Member's ICT Solutions

Optimus OneSafe was released on January 2014. It allows the detection of risk situations and the location and distance monitoring of people with special needs. It is a significant evolution of 2013 Optimus OneCare. It includes now professional services that guarantees the necessary rescue operations in case of need.

Specially designed for tracking and monitoring of seniors, particularly when they live alone, **OneSafe** has a wide range of applicability, particularly for professionals in the course of work in isolated areas, or practicing sports in the open countryside, such as hunting, climbing, trekking or mountain biking.

This solution is equipped with a sensor for falls detection, a panic button to request aid and GPS location. It lets you communicate by voice and messaging.





Ageing Well International Event

"ICT SOLUTIONS FOR INDEPENDENT LIVING IN OWN HOME"



eHealth Forum | 14th May 2014, Athens, Greece

The **3rd International Event of the Ageing** *Well* **Network** will take place on the 14th of May 2014, and will be promoted under the <u>eHealth Forum 2014</u> to be held in Athens, Greece.

This AgeingWell event will be devoted to discuss "ICT solutions for Independent Living in Own Home" and it expects the participation stakeholders among health researchers and developers and providers of assistive technologies.

During the Event a series of speakers will present the objectives, activities, results and future plans of the network as well as ICT/mHealth solutions for independent living developed by some of the members.

Space will also be given to **the end-users organisations perspective**, allowing members to present how they engage senior in using the ICT solutions and/or how they involve them in the development of those solutions.

The event will count with presentations from various members and organisations, namely:



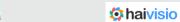












PROGRAMME
AgeingWell 3rd
International Event

10h30 - Welcome and opening of the session

10h45 - Ageing*Well* Network Presentation

11h15 –
ICT and mHealth solutions for improving the quality of life of older people

12h00 - Promoting older people adoption of ICT and mHealth Solutions

12h45 Q&A / Final remarks

Closure of the session



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AFE-INNOVNET PARTNERSHIP

The consortium is composed of 28 partners from 16 EU countries and includes 12 cities and 5 regions.

The project is led by a Steering Group composed of

AGE Platform Europe,

CEMR (Council of European Municipalities and Regions),

TNO (Dutch Research Centre),

Polibienestar
Research Institute –
University of
Valencia,

PAU Education Louth County Council.

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The project will run in close cooperation with **WHO Europe**.

The project will open up to new partners in April. Interested? Please visit the project You will soon be able to subscribe to the AFE-INNOVNET monthly newsletter, contribute to the blog, and to join the Network. You can also join the conversation on and You will some partners in April 2015.



Creating age-friendly environments is one of the most effective approaches to respond to demographic change. To support this approach, the **AFE-INNOVNET** thematic network on innovation for age-friendly environments (**AFE**) was launched on the 4th of March with the support of the European CIP ICT PSP Programme and will run for two years.

The overarching goal of the **AFE-INNOVNET** thematic network is to:

- mobilise a wide range of local and regional authorities and other stakeholders – industries, research centres, universities, civil society organizations – to link up, benefit from each other's experience and work together to promote initiatives on age-friendly environments across Europe;
- develop methodologies to help local and regional authorities assess the socioeconomic impact of age-friendly environments and the benefits of involving older people in the co-production of age-friendly environments solutions;
- develop a repository of notable and replicable practices in innovative solutions for age-friendly environments with associated socio-economic evidence;
- launch an EU Covenant on Demographic Change
 to create the necessary political and technical
 framework to bring together in a more formal and
 long-term structure local and regional authorities

 and other stakeholders across Europe, using
 the model of the existing Covenant of Mayors on
 sustainable energy.

For more information, please contact Julia Wadoux, AFE-INNOVNET Coordinator, at julia.wadoux@age-platform.eu. Tel.+32.2.280.14.70.



Usage of behavior patterns to prevent daily life emergencies in frail population through the deployment of home technology

There are multiple references about projects to use technology as a help and support for daily life activities. Also different studies related to dailylife styles and activity but only a few crossing both with the goal to promote technology as a preventive tool by tracking user daily life activities to detect changes and react to avoid incidents. Personalia (Fundacion ONCE) a Spanish social and health services invested 6 months I tracking, on a 24x7 basis, daily life activities of elderly people to define activities within a 'normal' pattern. This was possible by deploying the following technology infrastructure:

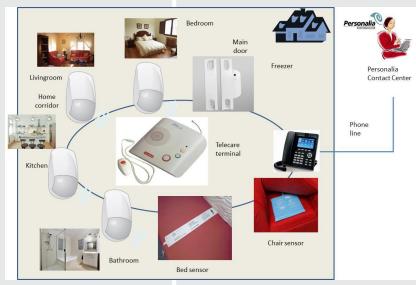


Figure: Home sensors installed

As expected, the daily activity is substantially changed after any incident. However, changes were also observed in daily activity before the incidence. Significant changes happen on a segment base (frail users) or on a personal base vs. normal activities measured (going out from home, continence and daily toiletries, presence at the kitchen at times unrelated to food preparation, fragmentation of night rest and global activity rate) before the emergency happened. So the intervention when detecting a change beyond user 'normal' ratios gives us a chance to avoid a given emergency. These changes were specific enough to be established as a preventive alarms that could be easily integrated into the daily operations of the user care services provider as Personalia.

The project also proposes the minimum infrastructure needed to deploy the project at a large scale linked both to a Telecare infrastructure or to a home Information System devices.

For more information:

Domingo García Fernández-Caro | e-Mail: info.personalia@fundaciononce.es

Events on ICT and Ageing

AFE-INNOVNET webinar: a solution to demographic change

29th April 2014

AFE-INNOVNET will organise its webinar during first European Day of Solidarity between Generations Brussels. lt will be an opportunity for interested stakeholders (local and regional authorities, universities/research centres, civil society organisations and industries) to discover the project and its objectives.

More information on the Event are available here.

19th CyberPsychology, CyberTherapy & Social Networking Conference

16th-19th June 2014

The conference, supported by the European Commission, is an international networking platform and sharing for researchers, clinicians, policymakers and funding agents in the growing discipline of advanced technologies and healthcare. It will focus both on how technologies are being used for treatment training, as well as on what the positive and negative effects of technology are.

More information <u>here</u>.

MIHealth Management & Clinical Innovation Forum

21st-22nd May 2014

The third MIHealth Management & Clinical Innovation Forum will be held in May 21st and 22nd 2014 in Fira de Barcelona. The three core themes of the Event will be: Clinical knowledge and management innovation; Technologies for transforming the healthcare system; Management innovation healthcare organizations.

More information here

eHealth Forum Athens (GR)

12th-14th May 2014

This Forum aspires become a true forum for the exchange of experience. mutual support and good practices. Its pillar is the achieved progress in addressing the challenge of ageing through ioining forces to advance innovation.

More information will be soon available <u>here</u>

New associate members!

Direclia General de Asistenta Sociala si Protectia Copilului Sector 6 | Romania



General Directorate of Social Assistance of the Bucharest Municipality enforce social policies and social protection measures and assistance for the disabled, elderly, single, family, child, and to any person in need through specialized services.

Visit: http://www.protectiacopilului6.ro/

CITT Global | Bulgaria



The Centre for Innovation and TEechnology Transfer - GLOBAL Ltd. is a Bulgarian company set up with the aim of facilitating transfer of innovative knowledge and technologies on international level.

Visit: http://www.citt-global.net/en/

Asociatia Antiparkinson Romania | Romania



Asociatia Antiparkinson Romania is the only non-governmental, non-profit, apolitical organisation accredited in Romania to defend the interests of 72000 patients with Parkinson's disease.

Visit: http://asociatia-antiparkinson.ro/

Institute of Neurobiology-Bulgarian Academy of Sciences | Bulgaria



The Institute of Neurobiology of the Bulgarian Academy of Sciences has an established reputation as a national research center in the natural, engineering, medical and agro-biological, humanities and social sciences. It received high international recognition for the quality of its scientists and its research.

Visit: http://www.bas.bg/

Center for Research and Technology Hellas / Information Technologies Institute | Greece



ITI-CERTH is one of the leading Institutions of Greece in the fields of Informatics, Telecommunications and Biomedical Applications, with long experience in numerous European and national R&D projects.

Visit: http://www.iti.gr/iti/index.html

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Network Members

Founding Members



Associate Members





the CIP ICT Policy Support Programme of the European Union

AgeingWell
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